

Learn how to get things done in a day

what used to take you a week....

"Optimize U: The Tools and Neuroscience of Peak-Performance"



**FINANCIAL
PLANNING
ASSOCIATION**

LOS ANGELES



Chris M. King, CEO

"Coachsultant"

Executive Optimization

Imagine getting done in a day what used to take you a week, while exponentially increasing your creativity, and lowering your stress levels to zero - by working fewer hours. It's possible through "flow." "Pique-performance" coach and speaker Chris M. King shares the tools and neuroscience of peak-performance and flow so that you can run your business and your life instead of them running you.

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